



**2025
RECITAL
HANDBOOK**



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2026 Spring Recitals

“Escape From TV Land”

Main Shows

Saturday May 9th 2026 2-4PM & 6-8PM

“The Adventures of Mother Goose”

Junior Performance

Saturday May 9th 2026 10:30-11:30AM

Lower Columbia College
Rose Center For The Arts
1600 Maple St. Longview, WA, 98632

1. General Recital Information

The opportunity to perform in a recital is an exciting, empowering and confidence-building part of dance education! We love to watch our students learn about the theatre, rehearsals and teamwork while they showcase their skills in a professionally run production. Recitals are a wonderful way for students to showcase dancers' hard work and for family and friends to join in and celebrate their achievements. We love giving all students the chance to perform for their loved ones in this supportive and fun environment and encourage even our youngest and newest performers to be involved. **If there is any reason why your child will not be able to perform at the recital on the dates and times provided in this handbook, please let the office know so we can make amendments to the class routines involving them.**

Attendance is very important and we ask that students try not to miss any of their scheduled classes between now and the recital so they can rehearse together, perform their routines, feel confident, and dance wonderfully! If your child is injured during class time but well enough to come and watch, this is preferable to missing out altogether. If for any reason your child will miss any of their regular classes between March and May, we ask that you contact the studio via email dance@risingheightsdance.com or at **(360)936-4291** to let us know in advance. **Please note that any families with unpaid dance or costume fees will not be allowed to participate in our recital.**

This is without a doubt the highlight of our year and we're so excited to show you how hard our dancers have been working!

2. Recital Times and Location

This year our recitals will be held at **Lower Columbia College Rose Center For The Arts** located at **1600 Maple St. Longview WA 98632**

In order for us to give students and supporters the best experience possible, we have divided our classes into two separate recitals, a main show and a junior show. We know that our dancers love to perform their routines and show off their hard work as much as possible, and we are thrilled to be able to offer more seating and ticket opportunities by providing multiple shows. Students in our Precious Gems level classes will perform in one morning show. All other students in the main show will perform in both the afternoon and evening shows.

“Escape From TV Land” Main Shows

Date and Time – Saturday May 9, with one show from 2-4PM and a second show from 6-8PM

Location- Lower Columbia College Rose Center For The Arts

Dancers arrival times are 1:00-1:30pm & 5:00-5:30pm

Doors to the theater open at 1:20pm and 5:20pm

Classes Performing (in both shows)- Acro Tumbling 1 (Mon), Acro Tumbling 1 (Wed), Acro Tumbling 2 (Mon), Acro Tumbling 2 (Thu), Acro Tumbling 3, Acro Tumbling 4, Ballet 1 (Mon), Ballet 1 (Thu), Ballet 2 (Tue), Ballet 2 (Wed), Ballet 3 (Lavender), Ballet 3 (Lilac), Ballet 4, Ballet 5, Hip Hop Basics Emerald, Hip Hop Basics Diamond, Hip Hop Basics Sapphire & Amethyst, Intro To Pom, Jazz Emerald, Jazz Diamond, Jazz Sapphire, Jazz Amethyst, Lyrical Emerald & Diamond, Lyrical Sapphire & Amethyst, Modern-Contemporary Sapphire & Amethyst, Musical Theater Emerald & Diamond, Musical Theater Sapphire & Amethyst, Tap Emerald, Tap Diamond, Tap Sapphire & Amethyst

“The Adventures of Mother Goose” Junior Performance

Date and Time – Saturday May 9, 10:30-11:30am

Location- Lower Columbia College Rose Center For The Art

Dancer arrival times are 9:30-10:00am

Doors to the theater open at 9:45am

Classes Performing- Ballet & Boogie, Hippity Hop, Morning Movers, Movers & Groovers, Pre Acro Tumbling (Mon), Pre Acro Tumbling (Wed), Pre Ballet (Tue), Pre Ballet (Wed), Tiny Tappers

3. Rehearsal Procedures and Dates

At Rising Heights Dance, dress rehearsals and technical rehearsals are an important part of preparing for our recital. Instructors are able to see the costumes working on stage with the class to compliment the dances your children have been working on throughout the year. It offers an opportunity to make any adjustments and ensures timing and scheduling with the flow of the performance is correct. Even more importantly, it gives the stars of our show a chance to get up and rehearse on the big stage – a very different environment than they are used to within the studio walls. They can overcome some of the jitters that may hit when the bright lights come on and prepare themselves for the show ahead. It is a fun and rewarding experience and a great chance to interact with their teachers, classmates, and other classes throughout the studio before the audience arrives.

For technical & dress rehearsals, all students will be signed into the venue upon arrival by their responsible parent or guardian and will be supervised through the duration of rehearsal. **Students cannot leave the premises without being signed out by a parent.**

Parents and staff members who are volunteering to help at the recital will also attend the parent volunteer meeting May 6th at 5:30pm at the studio to ensure they understand their roles within the show. Any parents interested in volunteering can fill out this form! <https://form.jotform.com/250785830068059>

“Escape From TV Land” Schedule

Please mark your calendar with all of the following dates

Technical Rehearsals (no costumes):

- Saturday March 21: 10am- 1pm
- Saturday April 18: 1pm-4pm

Location: In Studio, specific class call times will be emailed out two weeks prior.

Picture Day (yes costumes, hair, makeup):

- Saturday May 2: 9am-2pm

Location: In Studio, specific class call times will be emailed out two weeks prior.

In Studio Rehearsal (no costumes):

- Monday May 4: 5-7pm
- Tuesday May 5: 5-7 pm

Location: In Studio, students are expected to remain the **entire time**.

Dress rehearsal (yes costumes & hair, makeup optional):

- Thursday May 7: 5-8pm

Location: Lower Columbia College

Students will need to arrive by their designated time dressed in full costume and hair, optional makeup (bring along any additional costumes, hair and makeup items needed). This includes hairspray, bobby pins, bun pins, hairnets, stockings, socks, hair ties and safety pins.

Specific class call times will be emailed out two weeks prior.

Junior Performance “The Adventures Of Mother Goose” Schedule

Please mark your calendar with all of the following dates

Picture Day (yes costumes, hair, makeup):

- Friday May 1: 4-6pm

Location: In Studio, specific class call times will be emailed out two weeks prior.

Dress rehearsal (yes costumes & hair, makeup optional):

- Thursday May 7: 4-5pm

Location: Lower Columbia College

Students will need to arrive by their designated time dressed in full costume and hair, optional makeup (bring along any additional costumes, hair and makeup items needed). This includes hairspray, bobby pins, bun pins, hairnets, stockings, socks, hair ties and safety pins.

Specific class call times will be emailed out two weeks prior.

4. Picture Day Procedures

Picture day will involve all of our hard working dancers. Performers will be photographed in full costume with hair and make-up done just as they will be in the show. Exact times for the groups on photo day will be given out 2 weeks prior to picture day, but please try to keep the entire day free until we can advise in more detail. Photos will be taken in-studio by **Fleck Of Light**. Picture ordering information will also be sent out two weeks prior to picture day.

We cannot allow parents or friends to take photos of students posed and in costume during our official Photo Day, as it can be very distracting and compromise the quality of our professional photographs. This year all photography will take place in the studio. Parents will check in their dancers at the front door of the studio. Parents are welcome to come inside with their dancers, but will not be permitted upstairs where pictures will be happening. When it is your dancers turn for their class pictures, they will be sent upstairs for staging and into the Mt Rainier Room for individual and group pictures. Students will then be sent back down the stairs to the lobby where parents will meet to pick them up. Dancers with multiple classes will be able to use assigned studio rooms on the lower floor for changing (please no changing in the bathrooms, all students with multiple classes need to have a nude leotard and change in our provided pop up tents so that we can keep the bathrooms clear). Teachers will be in each room throughout the studio to assist dancers. We appreciate your cooperation in this process and assure that we will make every effort to make pictures a quick and efficient process!

5. Tickets

Tickets for our recital will go on sale to the public on **April 1** and can be purchased directly from Lower Columbia College Rose Center For The Arts. Tickets will be available to be purchased online, by calling the box office, or in person at the box office. Information regarding ticket sales including the link will be sent via email, as well as posted to our website and social media by May 31.

Prior to ticket sales, if you are interested in purchasing raffle tickets for our front row raffle for the chance to win 6 front row tickets to one of our shows, please see the front desk at Rising Heights Dance! Raffle tickets are just \$5 each and can be purchased at the front desk. You'll find the raffle jars located in the lobby! The winner will be drawn on Monday, March 30th in order to allow time to notify winners prior to ticket sales. The prize value for the front row ticket raffle is a \$180 value for our junior performance and a \$240 value for each of our main shows.

All tickets are reserved seating. Ticket prices are tiered based on the seating section.

- "Escape from TV Land" Orchestra Level seats are \$35-\$40 and Upper Level seats range from \$25-\$30.
- "The Adventures of Mother Goose" Junior Performance Orchestra Level seats are \$25-\$30 and Upper Level seats are \$20.

Ticket prices include all service fees required through Lower Columbia College ticketing services. All ticket sales are final. There are no refunds on tickets unless patrons work directly with X-Cover insurance directly. All sales must be paid at time of reservation online. Ticket exchanges will be made only after receiving written approval from Rising Heights Dance to Lower Columbia College.

For safety considerations, all attendees must have a ticket regardless of age. Students **ages 3 and under** may sit on a lap if desired, but must have an infant ticket. These are free and can be obtained when you purchase your

regular tickets. We ask that you consider our dancers and other audience members when bringing young children to watch, and if they become loud, distressed or disturb any other audience members, to please take them outside to let off a bit of steam before returning to enjoy the rest of the show.

For our main shows, in order for all families and guests to be able to watch their dancers perform, we ask that you choose **one** of the following shows to attend: the afternoon show 2-4pm or the evening show 6-8pm. If you wish to attend both shows, we ask that you purchase your desired tickets for one show and then wait until the week of recital to purchase tickets for the other show, to allow time for all families to purchase tickets. We thank you in advance for your courtesy!

6. Costume Care and FAQ

We have set a flat rate of \$125 for the participation of each student in the recital this year. This fee includes one costume, one pair of tights, one performance t-shirt, and rehearsal fees (this will appear on your account as 2 individual fees- a \$50 fee labeled "Recital Participation Fee" and a \$75 fee labeled "Recital Costume Fee"). Any additional costumes are \$75 each. This must be paid via cash, check, credit card or Direct Bank Transfer no later than December 1st (or within the first two weeks of classes if registered after December 1st). Fees paid after this date are at risk of the costume not arriving in time.

In effort to ensure costumes arrive in time for recital, any class changes that require a costume change will be charged a \$40 restocking fee after January 1st.

Costumes will be distributed by class after spring break, April 13-17. All parents must sign acknowledging they have received their child's costumes and pieces. If your child is in more than one dance, they will be required to wear a nude leotard underneath their costumes. These can be purchased through the front desk.

Caring for your Costumes

-WEAR COSTUMES TO ONLY DRESS REHEARSALS AND RECITAL PERFORMANCES-

Garment bags are given out by the studio and should be used to protect the delicate materials of costumes and keep glitter and sequins contained! Please leave costumes in bags until they are needed for events. Each costume will receive a plastic bag attached to the hanger that contains all tights, accessories, and hair pieces. Prior to arrival, please collect all shoes needed and place them in the back zipper pocket of the garment bag. When bringing costumes to events, please bring them in the garment bags with all items properly labeled with your dancer's name, as you received them.

One pair of tights is included for the costumes, colors and styles and are chosen by the teacher. PLEASE DO NOT WEAR THESE TIGHTS until the events to prevent snags as additional pairs will cost \$10. If your child needs a larger or smaller size tight, you can exchange UNOPENED tights at the front desk.

If your child is in more than one dance, they will be required to wear a nude leotard underneath their costumes. These can be purchased through the front desk.

Teachers will specify where the accessories and hair pieces will be worn, but generally on the DANCERS left side of the bun/ponytail (Tip: have your dancer raise their left hand, this is the side the hairpiece goes on!)

Costumes with tutus will be hung upside down. This is to help keep the tutu fluffy for performances. We recommend that you keep the costume hung upside down when in the garment bag.

How to prepare to perform

Check costume boards to see what your child's costume, hair, tights and shoe requirements are as well as see their part in our show! These will be posted in the lobby after winter break!

Watch our posted tutorials on the Rising Heights Dance website FAQ page on how to style hair and how to put makeup on. These are standardized for the studio and everyone will be expected to wear their class performance look. **Any concerns or questions should be asked PRIOR to events.**

Practice techniques on your child (or help them do it themselves) before events! Pack your event bag with their best shoes, water bottle, safety pins, extra hairspray and bobby pins, and everything else on our shopping list on the FAQ page!

Steam your costume the day or night before events! Don't have a steamer?? No problem! Hang your costume near the shower in the bathroom (but not where it will get wet) and the steam from showering will help flatten out any wrinkles! **DO NOT IRON YOUR COSTUME.**

After the last recital is over and the last picture is taken, your costume is free to be worn, played with and used however you would like! Costumes make great Halloween costumes and play outfits! The studio also accepts any donated or unwanted costumes as well to use for future needs.

7. Costume Requirements by Class

Accessories, hair, tights, footwear and make up expectations are listed below.

Ballet tights replace all normal undergarments. For younger students if they are uncomfortable with this they may wear underwear, but it must be skin-coloured and must not be visible beneath your child's costume.

If your child is in more than one class, their hairstyle will be a **ballet bun**, as we do not have the time for hair changes in the show run. **IF YOUR CHILD IS IN MORE THAN ONE DANCE, THEY WILL BE REQUIRED TO WEAR A NUDE LEOTARD UNDERNEATH THEIR COSTUMES.** These can be purchased through the front desk.

"Escape From TV Land" Main Shows

Acro Tumbling 1 (Mon) - 4:30 - Miss Delenn (Jurassic World): Accessories: Arm Gauntlets, Hair: Low Bun (Slicked Back for Boys), Tights: None, Shoes: Barefoot

Acro Tumbling 1 (Wed) - 4:00 - Miss Hannah (The Flintstones): Accessories: Hair Bow (Girls), Hair: Low Pony (Slicked Back for Boys), Tights: Tan Footless (Black Pants for Boys), Shoes: Barefoot

Acro Tumbling 2 (Mon) - 5:30 - Miss Delenn (Scooby-Doo): Accessories: Varies based on character, Hair: Low Bun (Slicked Back for Boys), Tights: Tan Footless (if needed), Shoes: Barefoot

Acro Tumbling 2 (Thu) - 6:30 - Miss Courtney (9 to 5): Accessories: Headscarf, Hair: Mid Level Bun, Tights: Tan Footless, Shoes: Barefoot

Acro Tumbling 3 - Mondays 6:30 - Miss Jill (There's No Business Like Show Business): Accessories: Ponytail Cuff, Hair: High Pony, Tights: Tan Footless, Shoes: Barefoot

Acro Tumbling 4 - Mondays 7:30 - Miss Jill (I Dream Of Jeannie): Accessories: Tiara & Choker, Hair: Bubble Braid, Tights: None, Shoes: Barefoot

Ballet 1 (Mon) - 5:30 - Miss Chloe (Pirates of the Caribbean): Accessories: Pirate Hat, Hair: Low Bun, Tights: Pink Footed, Shoes: Pink Ballet Flats

Ballet 1 (Thu) - 5:30 - Miss Chloe (Tinker Bell): Accessories: Fairy Wings & Headband, Hair: High Bun, Tights: Pink Footed, Shoes: Pink Ballet Flats

Ballet 2 (Tue) - 5:30 - Miss Madison (Anastasia): Accessories: Flower Hair Clip, Hair: High Bun (Slicked Back for Boys), Tights: Pink Footed (Pants for Boys), Shoes: Pink Ballet Flats (Black Ballet Flats for Boys)

Ballet 2 (Wed) - 7:00 - Miss Madison (Indiana Jones): Accessories: Leather Vest, Hair: High Bun, Tights: Pink Footed, Shoes: Pink Ballet Flats

Ballet 3 (Lavender) - 4:30 - Miss Madison (How To Train Your Dragon): Hair: High Bun (Slicked Back for Boys), Tights: Pink Footed (None for Boys), Shoes: Pink Ballet Flats (Black Ballet Flats for Boys)

Ballet 3 (Lilac) - 4:30 - Miss Chloe (Coraline): Accessories: Giant Buttons, Hair: High Bun, Tights: Pink Footed, Shoes: Pink Ballet Flats

Ballet 4 - 7:30 - Miss Madison (The Lord Of The Rings): Accessories: Hair Piece, Hair: High Bun, Tights: Pink Footed, Shoes: Pink Ballet Flats

Ballet 5 - 7:30 - Miss Jill (The Office): Accessories: Black Tie, Hair: Low Bun, Tights: Pink Footed, Shoes: Pink Ballet Flats

Hip Hop Basics Emerald - Wednesdays 5:00 - Miss Delenn (Doggyland): Accessories: Puppy Ears Headband, Hair: Low Bun, Tights: None, Shoes: White Hip Hop Sneakers

Hip Hop Basics Diamond - Mondays 6:30 - Miss Delenn (Dance Moms): Hair: Space Buns, Tights: None, Shoes: White Hip Hop Sneakers

Hip Hop Basics Sapphire & Amethyst - Thursdays 4:30 - Miss Angela (Rugrats): Hair: High Pony, Tights: None, Shoes: White Hip Hop Sneakers

Intro To Pom - Tuesdays 6:30 - Miss Angela (Remember The Titans): Accessories: Ponytail Cuff & Silver Poms, Hair: High Pony, Tights: Tan Footed, Shoes: White Cheer Sneakers

Jazz Emerald - Thursdays 5:30 - Miss Courtney (Puttin On The Ritz): Accessories: Top Hat, Gloves, Jazz Cane, Hair: High Bun, Tights: Tan Footed w/ Black Fishnets, Shoes: Black Jazz Shoes

Jazz Diamond - Wednesdays 6:00 - Miss Jill (Pink Panther): Accessories: Fedora & Gloves, Hair: High Pony, Tights: None, Shoes: Black Jazz Shoes

Jazz Sapphire - Wednesdays 7:00 - Miss Jeana (Spiderman): Hair: High Bun (Slicked Back for Boys), Tights: Tan Footed (Black Pants for Boys), Shoes: Black Jazz Shoes

Jazz Amethyst - Wednesdays 7:00 - Miss Jill (Party Like Its 1923): Accessories: Jeweled Headband, Hair: Low Bun, Tights: Tan Footed w/ Black Fishnets, Shoes: Black Jazz Shoes

Lyrical Emerald & Diamond - Wednesdays 5:00 - Miss Courtney (Fly Me To The Moon): Accessories: Pillbox Hat & Gloves, Hair: Low Bun, Tights: Tan Footless, Shoes: Tan Half Soles

Lyrical Sapphire & Amethyst - Wednesdays 6:00 - Miss Courtney (Burlesque): Accessories: Choker & Hat, Hair: Low Bun, Tights: Fishnet Capri Tights, Shoes: Tan Half Soles

Modern-Contemporary Sapphire & Amethyst - Wednesdays 8:00 - Miss Madison (Twilight Zone): Accessories: Hair Clip & Gloves, Hair: High Bun, Tights: None, Shoes: Tan Half Soles

Musical Theater Emerald & Diamond - Mondays 6:30 - Miss Madison (Wish): Hair: High Pony (Slicked Back for Boys), Tights: Tan Footed (None for Boys), Shoes: Black Jazz Shoes

Musical Theater Sapphire & Amethyst - Mondays 5:30 - Miss Madison (The Addams Family): Accessories: Collar & Gloves, Hair: Low Bun, Tights: Tan Footed, Shoes: Black Jazz Shoes

Tap Emerald - Wednesdays 6:00 - Miss Delenn (Powerpuff Girls): Accessories: Varies, Hair: Low Bun, Tights: Tan Footed, Shoes: Black Tap Shoes

Tap Diamond - Wednesdays 7:00 - Miss Delenn (SpongeBob SquarePants): Accessories: Snail Headband, Backpack, Net, Hair: Low Bun, Tights: None, Shoes: Black Tap Shoes

Tap Sapphire & Amethyst - Wednesdays 8:00 - Miss Jeana (Friends): Hair: High Bun, Tights: None, Shoes: Black Tap Shoes

“The Adventures of Mother Goose” Junior Performance

Ballet & Boogie - Fridays 11:00 - Miss Chloe (Rain Rain Go Away): Accessories: Spandex Boot Covers, Hair: Two Pigtails, Tights: Tan Footed, Shoes: Pink Ballet Flats

Hippity Hop - Wednesdays 4:00 - Miss Madison (Head, Shoulders, Knees & Toes): Accessories: Sequin Hair Bow, Hair: High Pony, Tights: Tan Footed, Shoes: White Hip Hop Sneakers

Morning Movers - Fridays 10:15 - Miss Chloe (Hickory Dickory Dock): Accessories: Headband, Mitts, Tail, Hair: Space Buns (Slicked Back for Boys), Tights: Tan Footless (Black Pants for Boys), Shoes: Barefoot

Movers & Groovers - Wednesdays 4:00 - Miss Chloe (Hickory Dickory Dock): Accessories: Headband, Mitts, Tail, Hair: Space Buns (Slicked Back for Boys), Tights: Tan Footless (Black Pants for Boys), Shoes: Barefoot

Pre Acro Tumbling (Mon) - 4:30 - Miss Chloe (Itsy Bitsy Spider): Accessories: Spiderweb Hair Bow, Hair: Low Bun, Tights: Black Leggings, Shoes: Barefoot

Pre Acro Tumbling (Wed) - 3:00 - Miss Hannah (Humpty Dumpty): Accessories: Kerchief, Hair: Two Braids, Tights: None, Shoes: Barefoot

Pre Ballet (Tue) - 5:30 - Miss Chloe (Twinkle Twinkle Little Star): Accessories: Sequin Hair Clip, Hair: High Bun, Tights: Pink Footed, Shoes: Pink Ballet Flats

Pre Ballet (Wed) - 4:30 - Miss Chloe (Baa Baa Black Sheep): Accessories: Lamb Headband, Hair: High Bun, Tights: Pink Footed, Shoes: Pink Ballet Flats

Tiny Tappers - Thursdays 6:00 - Miss Taryn (5 Little Monkeys): Accessories: Ear Headband, Hair: Low Pony, Tights: Tan Footed, Shoes: Black Tap Shoes

8. Hair and Makeup

HAIR

High Bun

Pull hair off face into a ponytail at the crown of the head. There are many ways to make a bun; using a 'donut', or wrapping the hair and using a hair net to hold it in place. We have attached photos and video tutorials. No matter what kind of bun you embrace you will need lots of hairspray, gel and hair pins.

Tutorial: <https://youtube.com/watch?v=U-UtqBr7lKY&feature=shares>

Low Bun

Pull hair away from face into a ponytail at the mid back or nape of neck. To make a bun you can use a 'donut', wrap around using a hair net and pins to hold it in place. When in doubt watch our tutorial posted below and don't forget the hairspray and gel.

Tutorial: <https://youtube.com/watch?v=Y30s2TVf23I&feature=shares>

Low Ponytail

Pull hair away from the face gathering at the nape of the neck, secure with hair tie. Use plenty of gel to avoid fly-aways.

Tutorial: <https://youtube.com/watch?v=Y30s2TVf23I&feature=shares>

High Ponytail

Pull hair upwards away from the face. The ponytail should be high enough to see from the front. Use plenty of gel to keep tiny hairs up off the neck and avoid fly-aways.

Tutorial: <https://youtube.com/watch?v=U-UtqBr7lKY&feature=shares>

Space Buns

Place two high pigtailed on each side of the head. Use donuts or twist into buns securing tightly. Be sure to apply gel throughout the process to cut down on frizz and fly-aways.

Tutorial: <https://youtube.com/watch?v=x9aL8YInbHI&feature=shares>

Two Pigtails

Pull hair into two high ponytails on each side of the head. Use gel and hairspray to avoid fly-aways and frizz.

Tutorial: [://youtube.com/watch?v=x9aL8YInbHI&feature=shares](https://youtube.com/watch?v=x9aL8YInbHI&feature=shares)

Half Up Half Down

Pull hair from the top half of the head back into a ponytail. The ponytail should be high enough to see from the front and gel should be used to tame any frizz.

Two Braids

Part hair down the middle, braid each piece down the side of the head using gel to keep strands sleek.

Boys Hair

Slicked back using gel to keep hair sleek. If hair is long it must be pulled back and secured.

MAKEUP

Rising Heights Dance has created a makeup tutorial and recommended products to create a uniform look.

Tutorial: <https://youtu.be/NqUpXylhqnA?si=nNyT4zlQhleAN6MC>

Products: <https://a.co/OjaYINvc>

Eyeshadow

Neutral colors such as browns, purples and plums work. Rising Heights Dance recommends ColourPop All Amethyst Eyeshadow Palette.

Eyeliner

Should be on lash line and can be under eye; usually black. Depending on the child a pencil may be easier to work with. Use whichever is best for your dancer. Rising Heights Dance recommends NYX Epic Ink Waterproof Liquid Eyeliner Shade Black.

Blush

Highlight on cheekbone, should not be dark red but rather a natural pink or red shade based on skin tone. Rising Heights Dance recommends NYX Buttermelt Powder Blush Shade Butta Than Before.

Lipstick

The standard studio makeup look includes a deep wine red lip. Rising Heights Dance recommends NYX Shine Loud Long-Lasting Liquid Lipstick with Clear Lip Gloss Shade Goal Getter.

Mascara

Black or dark brown, for older dancers you may consider false lashes. Rising Heights Dance recommends Maybelline Lash Sensational Sky High Mascara Shade Blackest Black or KISS So Wispy, False Eyelashes 'Pompadour' (16mm) Medium Volume with Ardell Strong Hold Lash Glue Clear.

Male or Minimal Makeup

The purpose of male makeup is to tone and enhance the face under harsh stage lights. You should have a clean face with translucent or baby powder on to reduce shine, light blush, and any extra makeup options. For older dancers you may want to apply concealer to even out the skin tone. Rising Heights Dance recommends e.l.f. High Definition Powder in shade Sheer.

9. Day of Recital Procedures

The safety of our dance family is our top priority. When students arrive at the venue **they will use the back door (follow the white sandwich board signs), and each parent will receive a bracelet with their dancer's number on it. They must have that bracelet to check their dancer out as the bracelet numbers correspond to students' names. Students will be required to check out at the same back door.**

Students are not permitted to leave the venue while the performance is running. No student is to leave the backstage area during this time or intermission, NO EXCEPTIONS.

Only Rising Heights Dance staff and registered parent helpers are permitted backstage. All staff and volunteers must wear a provided badge visible to everyone. Any costume changes will be assisted by instructors only. We are unable to run messages or food to students, so please make sure they have **everything** before they come backstage for rehearsal and the recital. This includes their costume bag given by the studio labeled with their name and any shoes or accessories needed.

Please do not bring anything valuable or fragile, especially electronic devices. Mobile phones are not to be used backstage or in the changing areas during the recital. Our studio and the venue will take no responsibility if an item is damaged, misplaced, lost or stolen. Please label all student items to prevent any mix ups with costumes, shoes or personal items.

Explicit language, inappropriate attire, offensive clothing and criminal behaviour will not be tolerated. Smoking is not permitted.

ALL students are to have their name marked off when they arrive at the venue. If your child has any Medical Conditions that may require attention whilst in our care, please notify our managing director prior to signing in. It is required to arrive with hair and makeup done and in their first costume.

After the conclusion of the show, all children need to be signed out of the venue by their parents/guardians at the same door they were dropped off. We request that the parents of older students allow those with younger dancers (who may have less patience) to check out first. In order to help with congestion, please have only one family member come to the back door to pick up your child, and then walk them around to the front of the building to congregate with other family members.

Students may be checked out between shows, as we will have a 2 hour period between performances. If you are taking your child out to eat during this time, we recommend bringing a change of clothes so that your child can leave their costume at the venue to prevent stains or tears.

10. What to bring

All children must bring their costume bag given by the studio clearly labeled with their name, and any additional bags labeled with their name which may contain extra hair spray, gel, hair elastics, bobby pins, and safety pins.

Your makeup must also be packed and clearly labeled as well as your dance shoes, and extra clothing. Don't forget your costumes too! Each costume will receive a plastic bag attached to the hanger that contains all tights, accessories, and hair pieces. Prior to arrival, please collect all shoes needed and place them in the back

zipper pocket of the garment bag. When bringing costumes to events, please bring them in the garment bags with all items properly labeled with your dancer's name, as you received them.

FOOD AND DRINK - Costumes are easily ruined by food and drink stains. Students are not permitted to leave the backstage area during performances, so please pack enough food and drink for the entire time. It is important they have something nutritious to keep their energy up as well as something that won't stain – this means NO fast food, dips and chips, etc. They also need to bring labeled water – NO soft drinks or juice as it stains the costumes. **This is for both the rehearsal and recital.** Recommended foods are granola bars, nuts, dried fruit, crackers, fruit snacks. Students may be checked out between shows, and are recommended to bring a change of clothes so that your child can leave their costume at the venue to prevent stains or tears.

Children are discouraged from bringing any valuables including phones, iPods, iPads and laptops as the venue and Rising Heights Dance will not take responsibility for any items lost, damaged or stolen.

11. DVDs

We have employed a videographer to record all recitals. Videos will be available for purchase as a USB drive. The cost of the recital USB is \$15 per show or \$35 for all three performances. and will need to be ordered and paid for by May 22nd. These are usually ready for pickup from the studio within 4-6 weeks. USB can be pre-ordered using this link <https://form.jotform.com/251316910668055> or the day of the shows!

12. Weeks Following Recital

Normal classes are NOT held the week of recital due to multiple rehearsals, dress rehearsal, and performances throughout the entire week (this includes precious gems classes due to teacher unavailability)

Rising Heights Dance will be having two weeks of classes following the recital. We invite everyone to join their dancers in class during regular class time for our "Parent Participation Week" May 11-15. This is a great chance to mingle with everyone and join the kids in showing off some dance moves in a fun and relaxed environment. May 18-22 will be our "Summer Party Week" where we will celebrate our wonderful year, say goodbye to our teachers, and learn fun summer dance moves!

The final day of classes will be Friday May 22nd. Competition Team auditions will be held Saturday May 30th from 10am-1pm. Summer classes begin June 15th with our \$5 dance days and run through the end of August! Summer registration info will be emailed by March 31st!

All this to say, come to the recital and enjoy yourselves!

We have loved getting to know you and your dancers and we have prepared so much to show you! We will do our best to help you in any way we can and cannot wait for the growth from this show and how our studio will bloom in the future!!

**All our love and glitter,
Madison Lucas, Studio Owner & The Rising Heights Dance Team**



Rising Heights Dance
THANKS YOU



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